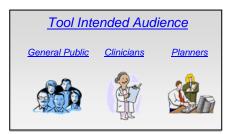
Objective 32: Reduce the proportion of adults who smoke

Maryland SHIP Vision Area 5: Chronic Disease Tools, Resources, and Promising Practices updated February 2012



Information, Facts, and Figures

CDC Smoking Cessation

Smoking cessation factsheet.



<u>Legal Approaches to</u> Tobacco Control The University of Maryland Legal Resource Center for Tobacco Regulation, Litigation & Advocacy is dedicated to providing legal support to communities, community groups, employers, local governments, and State legislators and agencies interested in reducing the negative health consequences of tobacco use.



The Community
Guide—Tobacco Use

Resources and recommendations for decreasing tobacco use.



Maryland Services and Hotlines

MD Quit line Provides users with resources to help people quit

smoking.



Maryland Resource Center for Quitting Use and Initiation of Tobacco Collection of statewide services for smoking

cessation.



Toolkit

SmokeFree

Quit Smoking Tools Tools to create a successful program to quit

smoking. Includes interactive tools.



Smoking Stops Here Guide and tool to promote cardiovascular exercise

in local communities to reduce obesity and the incidence of death and disability from chronic

disease.

Includes resources and information to aid smoking

cessation efforts. Includes fact sheets and tips.

